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Characteristics of the Spiritual Path

Chapter 2 Questions

- 1) In chapter 2 Popoe Shenounda talks to us about the importance of starting, why? Also what can be the turning point for us to start?**
- 2) After we start, his Holiness give example of people who start & don't continue, give some of those examples, also why it is important to continue? Support your answer with a verse.**
- 3) His Holiness says that the outcome of conduct is what matters. Explain with examples from the Holy Liturgy & also give one example that St Paul gave of someone who had a good start but bad outcomes.**

- 4) His Holiness says that it is not sufficient to take just one step along the spiritual path because it does not take us to the goal & it does not give us any experience in the devil's combats. Please explain.

- 5) What is the meaning of "having no roots"?

- 6) What is the root? Give an example

- 7) His Holiness said "therefore in order for a person to remain steadfast, there must be a spiritual basis sown in his heart and firmly fixed there, please explain.

- 8) Where does spirituality begin? Give an example.

- 9) The righteous fall but they rise quickly, give some examples.

- 10) This is a good point to remember:

Our love for God induces us to repent and continue in repentance, but our love for sin makes us return to sin once more and continue in it even if walked in the repentance path, so it is according to our heart and its direction, the heart that loves God is that heart that makes the righteous rise, and it does not matter how much they fell, they "***shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint***" Is 40:31

11) **The inner depth supports the upward rising, please explain.**

12) **How do many begin their spiritual life? Why?**